



At Home Devotion Guide

We encourage everyone to use this guide in your home this week and to adapt it to your specific household situation. This guide can be used in one sitting or can be broken up and used throughout the week.

Sermon Reflection

Read passage from sermon: 1 Timothy 4:6-11

For young children: People who have been saved by Jesus are called to discipline themselves to become godly.

For older children and adults: In this passage Paul tells Timothy “train yourself for godliness.” As people who have been saved by Jesus Christ we are called to pursue godliness as well. Part of this pursuit requires participating in the spiritual disciplines like Bible study, prayer, fasting and others.

Pray: Ask God to show you how to pursue godliness in your household this week.

Weekly Catechism Questions

For Children: What is sin? *Sin is disobeying and breaking the law of God.* (Exodus 20:1-17; Romans 3:20; Galatians 3:10; James 2:9-11; 1 John 3:4)

For older children and Adults: Why must the Redeemer be truly God? *That because of his divine nature his obedience and suffering would be perfect and effective; and also that he would be able to bear the righteous anger of God against sin and yet overcome death.*

(*The New City Catechism: Q23,*
http://www.newcitycatechism.com/New_City_Catechism.pdf)

Suggested Hymn: #448, *Before the Throne of God Above*

Suggested Further Reading: Philippians 2:1-13; Psalm 63

How to Use This Guide

At Bethany we recognize that worship is not just something that happens on Sunday morning. Though corporate worship is important, it is also important that we are striving to worship God in our homes on a regular basis. According to Donald Whitney, “God deserves to be worshiped daily in our homes by our families.” This guide will help you to lead worship in your home.

Scripture- Begin by reading the passage from the sermon. Based on the ages of those involved, briefly discuss the meaning of the passage and how it applies to your lives.

Catechism- This is a great way to learn what the whole Bible teaches about a particular topic. Read the question, then read the answer. If possible, try to put the answer in your own words.

Prayer- Pray that God would help you obey and understand the truth that you just discussed.

Sing- If someone is able to lead in song, then take some time to sing to the Lord. The guide will provide a suggested hymn from *The Baptist Hymnal, 2008.*

Feel free to adapt this guide to your particular household situation. This is not meant to be a heavy burden. It is an aid in helping members of your household to grow in Christ.

Families with young children- Don't feel like your devotions have to be long and tedious. Start with short amounts of time, then get longer as the children get older.

Families with older children- Also, don't feel like your devotions have to be long and tedious. Avoid 'preaching' to your family. Instead, let the word of God speak for itself.

Couples without children- This guide is for you as well! Household devotions will help you go deeper in your study of God's word and grow together in Christ.

Singles who live alone- Utilize this guide as part of your regular devotion time.

Begin today! This discipline will help you and other members of your household grow in their walk with Christ. It will also aid you in passing on the faith to the next generation.